

# FOOD, CULTURE, AND SOCIETY

Discover how food connects history, culture, and innovation. This course focuses on regional differences in foods for different cultures or countries and examines trends in current food or dietary behaviors amongst different cultural groups. Explore how geography, economics, and belief systems shape global food traditions—and gain insight into the cultural forces behind what we eat today.



## MAJOR THEMES & TOPICS

- The evolution of food habits from ancient civilizations to modern times
- Cultural diversity and symbolism in food practices, including contrasts and similarities across regions
- The influence of immigration and cultural exchange on U.S. food habits
- How challenges are present in food access as it relates to diversity and social stratification in societies

## WHAT STUDENTS GAIN

- Discover global food traditions by exploring eating habits rooted in cultures beyond your own
- Understand how history, geography, and belief systems shape culinary practices worldwide
- Examine the diversity of U.S. food habits and the impact of cultural exchange on American cuisine
- Engage in experiential learning through assignments that involve direct interaction with another culture and its foods

## APPLICATION DETAILS

- **Dates:** July 19 - August 8, 2026
- **Location:** University of Connecticut Storrs Campus
- **Cost:** \$5399 (includes 3 UConn credits, housing, meals, and airport transportation)
- **Deadline to apply:** April 15, 2026

## FOR MORE INFORMATION



<https://training.global.uconn.edu/international-summer-school-2026/>